

Positive Alternatives 2014 - 15 Quarterly Update

Grantee: HELPING HAND PREGNANCY CENTER

Goal: To provide positive alternatives to abortion to pregnant and parenting women in Minnesota

For the period: 1/1/15 to 3/31/15

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hiring, orientation, volunteer coordination, staff assessment and all administrative duties		Administrative duties continue smoothly without change.	
Outreach	Multimedia advertising, publicity, community education, networking activities		Several employees have had speaking engagements to area civic organizations to encourage the use of our services.	
Car Seat Program	Provide car seat safety education and installation by a Certified Car Seat Technician/Practitioner in an incentive program	18	Teaching parents to install a car seat correctly is more difficult in MN in the wintertime.	44
Case Management Services	Provide all clients with periodic risk assessment and mentoring regarding progress in securing pregnancy and parenting support services	43	We assess the risks that our clients' face regarding pregnancy and parenting using the Necessary Services tool.	121
Crib Distribution/ Sleep Safety Education	Provide Safe Sleep Education with optional earned Pack' n Play incentive	18	Our clients are anticipating newborns that <i>may not</i> sleep well, so it seems they are especially attentive to our Sleep Safety Education.	37

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Interpreter Services	Provide interpretation to enrolled clients who need Spanish language services	20	Our bilingual employee was on a vacation in Guatemala for 2 weeks and took language classes there. This helped to improve her Spanish vocabulary, and her clients were very excited for her trip. She brought several additional souvenirs for office décor and they make clients feel at ease.	123
Life-Skills Education Program	Provide Life Skills Education; increase knowledge and skills to overcome mental, emotional, and social obstacles to successful parenting	10	We are becoming known for our free parenting help in the area of basic Life Skills Education. Many of our clients did not have good role models in the area of anger, time & money management, child discipline, and conflict resolution.	58
Nutrition	Provide nutrition education and prenatal vitamin supplementation to pregnant	10	Women who don't eat well and take vitamins at any other time in life, seem to be willing to do this during pregnancy.	44
Parenting Education	Identifies and encourage young women in the first trimester of pregnancy (or parenting) to receive programs and services. Includes case management and education about legal rights	16	We continue to be passionate about serving young women in the first trimester of pregnancy – although they seem hesitant to enroll at times.	64
Parenting Education	Increase basic knowledge and skills for parents of Infants in a class series	12	Clients are eager to be good parents and want to learn baby basics.	96
Pregnancy Education	Provide individual and group pregnancy education; provide/refer for individual and group Labor & Childbirth Education	10	We feel that being prepared active participants for labor and delivery, our clients will have better birth outcomes.	28
Provide Necessary Services	Staff provides clients only intake assessments, information on, referral to and	2	Participation in our services is voluntary.	3

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Assessments Only	assistance with securing necessary services			
Transportation	Provide transportation for attendance in individual and group class sessions, as needed.	18	Free transportation, and free services are vital to our success.	144

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	5
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	25
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	30
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	30
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	4
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	37

Challenges:

Comments: